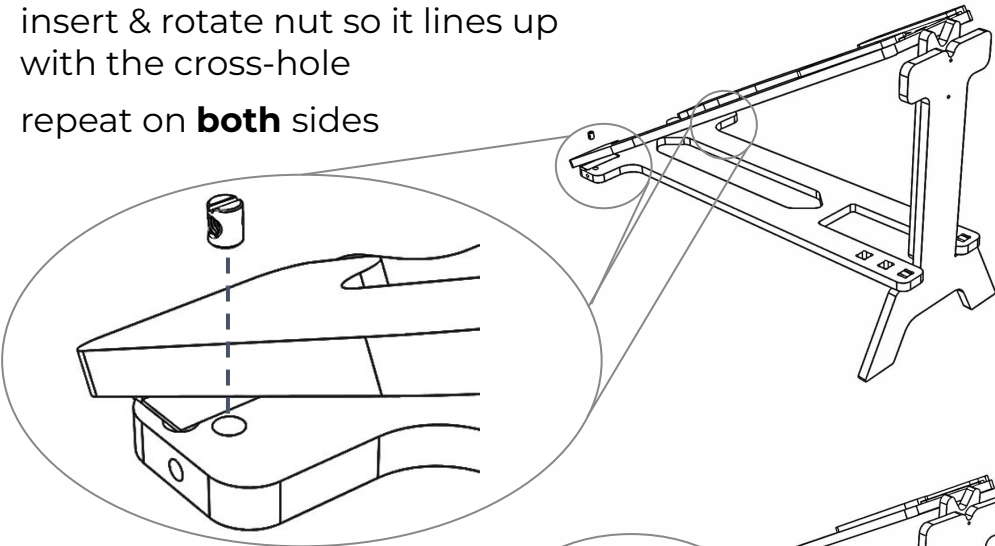


bikestow

flip

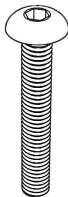
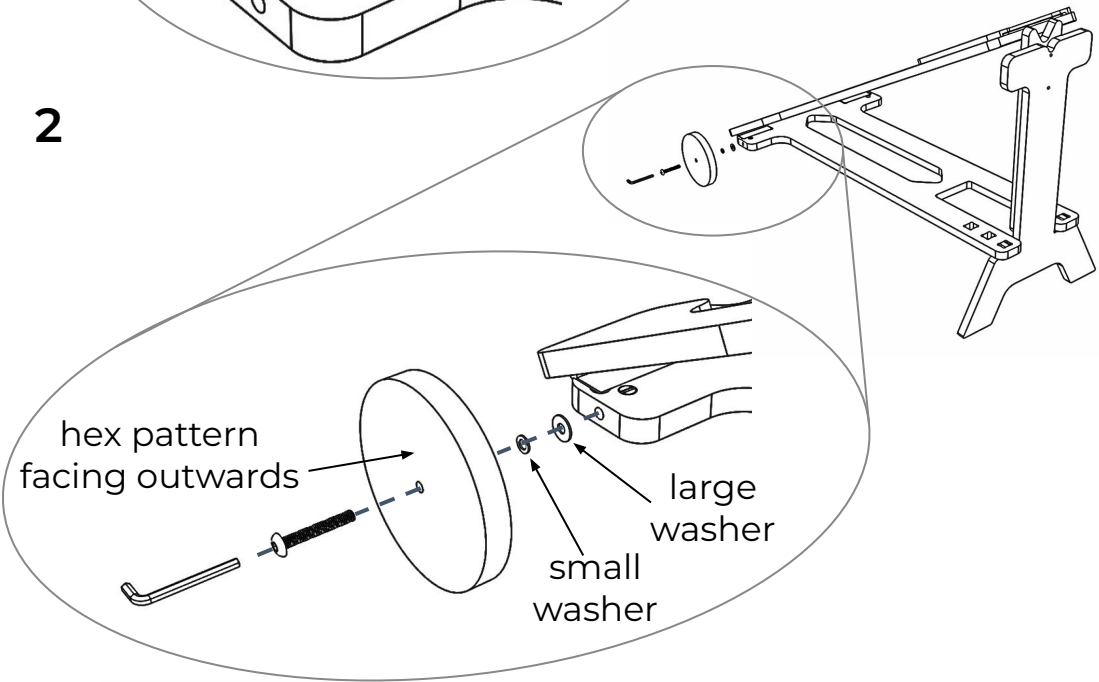
made in the UK // patent pending

- 1** insert & rotate nut so it lines up with the cross-hole
repeat on **both** sides



x 2

2



x 1

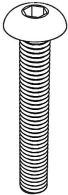
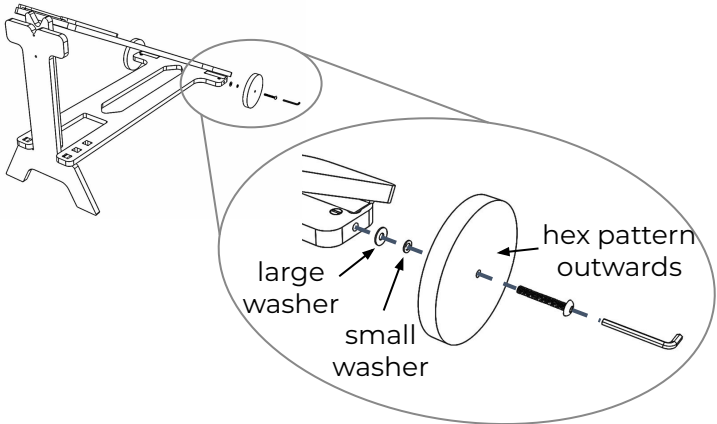


x 1

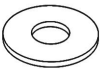


x 1

3



x 1

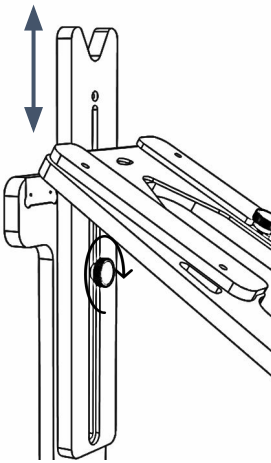
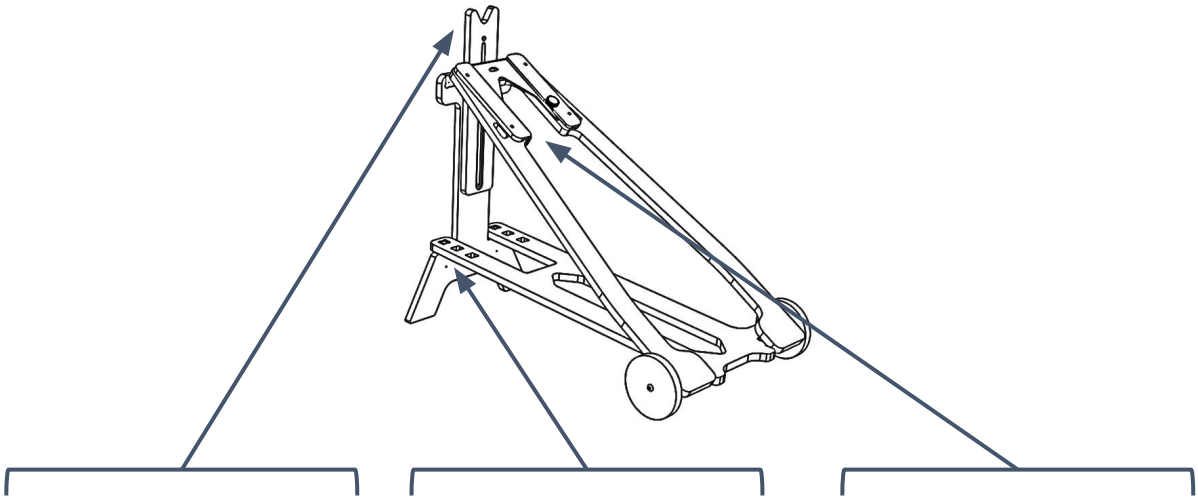


x 1

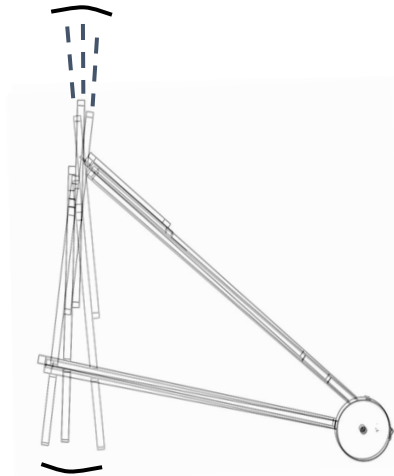


x 1

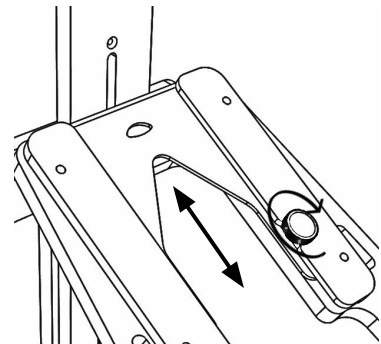
adjustments



**height of
seatpost
cradle**

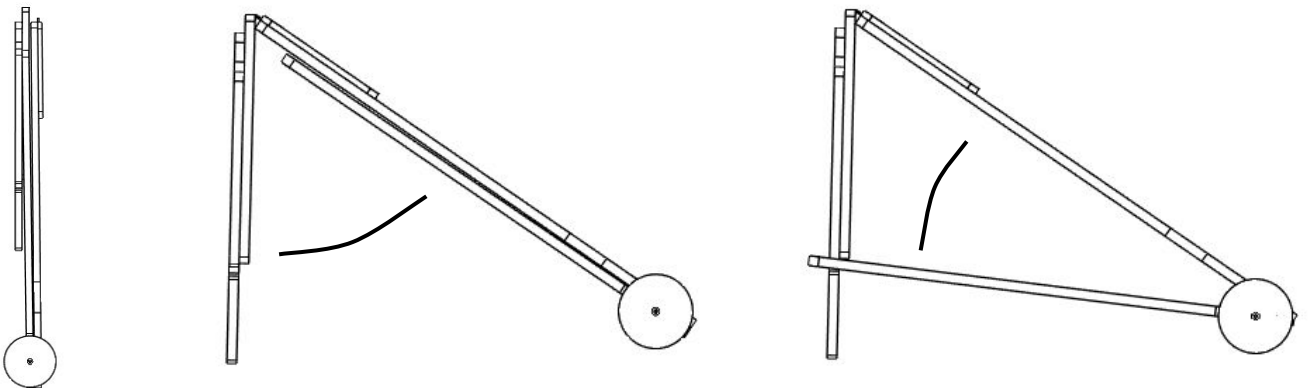


angle of seatpost cradle
(tip: angle the cradle so it is roughly
perpendicular to your seatpost)



wheel size

folding & unfolding

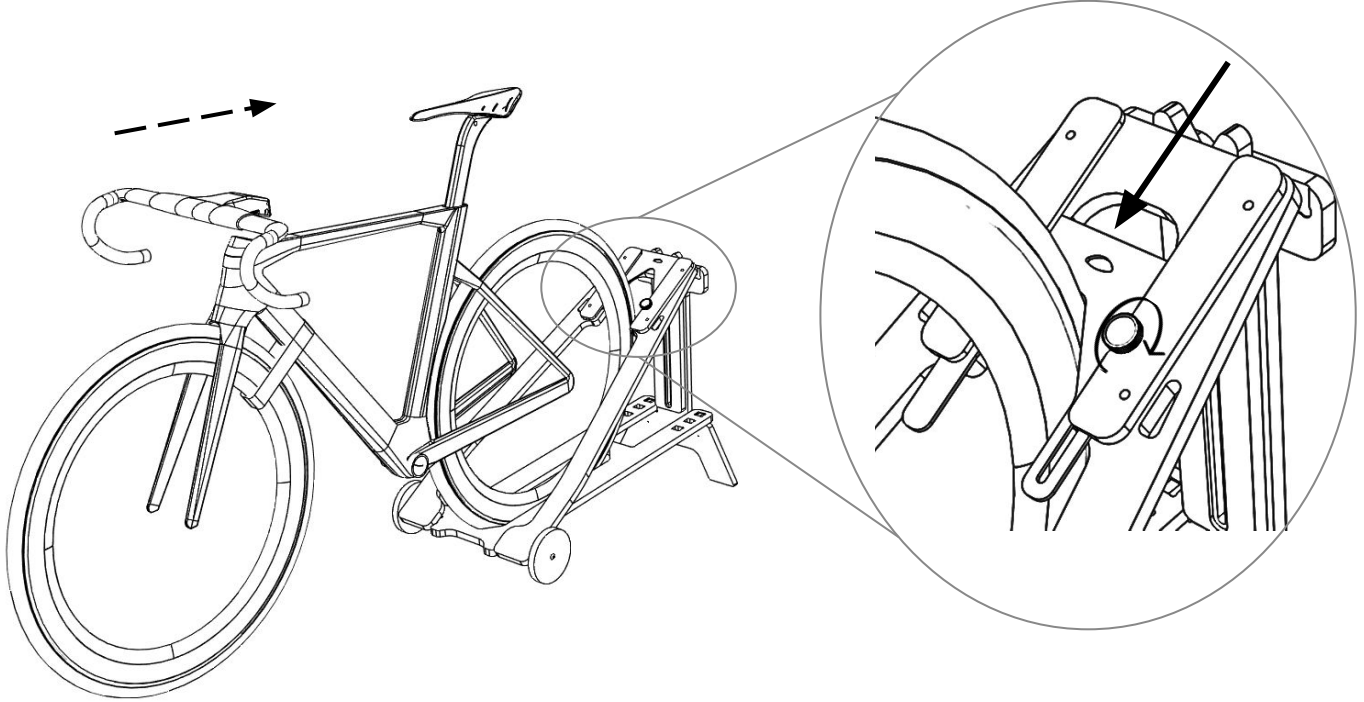


FINGER TRAP WARNING!

take care when folding or unfolding the stand
as closing surfaces may trap your fingers

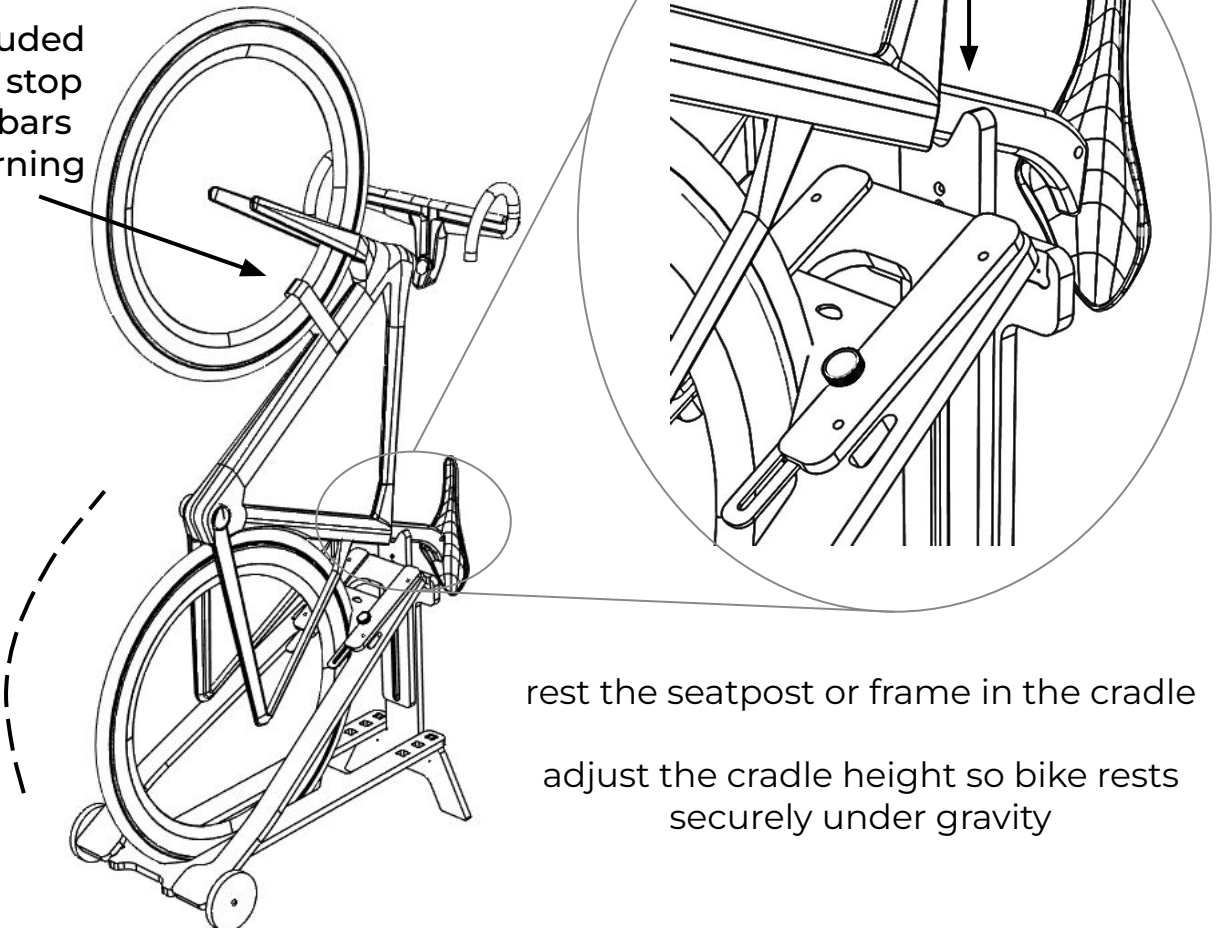
storing your bike

1 - horizontal



2 - vertical

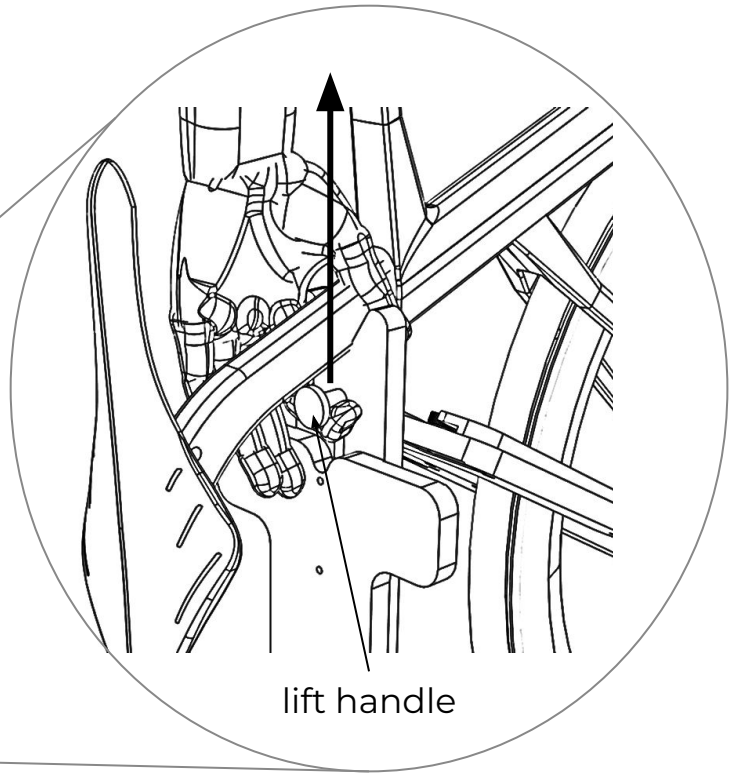
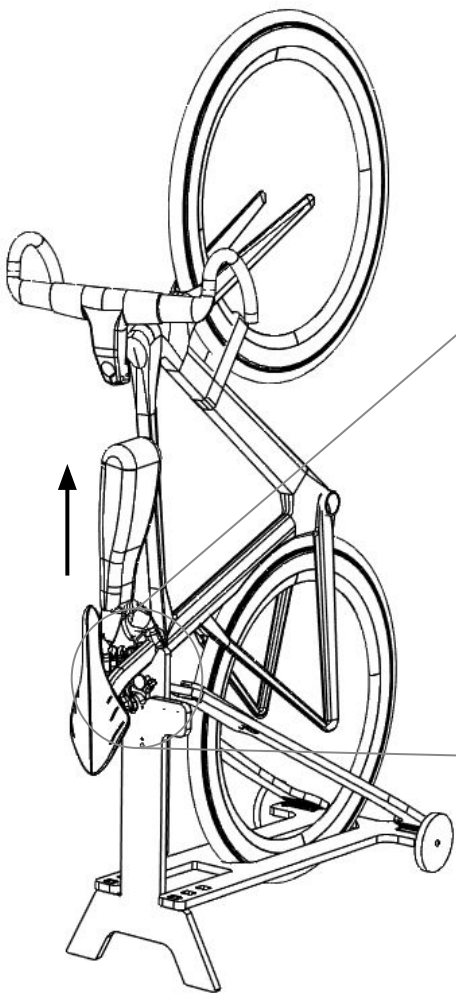
use included
strap to stop
handlebars
from turning



rest the seatpost or frame in the cradle

adjust the cradle height so bike rests
securely under gravity

wheeling the stand



lift handle

lift the stand from the back by grabbing the lift handle and seat-post.

then move on the front wheels.

tip!

If nesting **multiple bikes** next to each other, slightly loosen the front wheel strap to allow the handlebars to rest at an angle! This way they will overlap and nest better.

care

- Every 6-12 months apply a small amount of anti-seize grease to each thumbscrew's thread to stop them seizing. We recommend Fenwick's PTFE anti-seize grease.
- For the longest life, keep your stand clean, dry, and in a suitable environment.

CLEANING & PROTECTION

- Use Beeswax Polish (available in our Love Thy Ply Kit) to add extra protection to exposed plywood edges. Wood sealer or varnish can also be used for heavier duty protection.
- Use sandpaper to clean dirty plywood edges. Be careful not to scratch the black faces.
- Use a slightly damp microfibre cloth to clean the black faces.
- To clean the aluminium v-slider, remove from the rack and gently wash and rub clean with warm water and a drop of dish soap. Do not use a scouring-pad as this will scratch. Rinse with water and thoroughly dry before re-inserting into the rack.

V-SLIDER

If the aluminium v-slider becomes loose and drops by itself under its own weight, then loosen the guides, push them inwards, and re-tighten.